



REGATTA TRAVEL POLICY

LLRCrew Juniors

- Parents/guardians are responsible for their rower's transportation to and from practice and regattas. Hotel arrangements and expenses are also the responsibility of each rower/family. Blocks of rooms are reserved in advance. Rowers/families are required to make their own room reservations prior to the deadline of rooms being released. Hotel information will be posted on the LLRCrew website.
- Junior rowers must be in the care of a responsible adult at all regattas. If a family chooses to make arrangements for their junior rower to ride to/from a regatta and/or share hotel accommodations with another adult/family, that adult/family will be the designated chaperone for this rower throughout the course of the regatta. LLRC and its coaches/board members will not be responsible for unaccompanied minors. No junior rowers will be permitted to stay in the team hotel during a regatta unaccompanied by a responsible adult.
- Any parent who drives another child shall have property/casualty/liability insurance as required by the State of Minnesota.

Junior Team Travel Curfew:

- All junior rowers are required to be in their rooms with their parents/guardians/chaperone by 10:00 pm the night before a race.
- All junior rowers are required to be in their rooms with their parents/guardians/chaperones by 12 midnight on non-race nights.
- Juniors may socialize in public areas of the team hotel at a regatta (i.e. pool, lobby, breakfast room, restaurant). No boys are permitted in girls rooms; no girls are permitted in boys rooms unless one is an immediate family member/sibling under the supervision of a parent/guardian/chaperone.

Alcohol and Drugs

- Long Lake Rowing Crew has a zero tolerance rule for alcohol and illicit drug use.

- LLRC follows the Minnesota state legal drinking age of 21 years of age, regardless of where the team is traveling. Therefore, junior and college rowers who do not meet the MN State legal drinking age are prohibited from consuming or distributing alcoholic beverages while traveling or participating with the team.
- Illicit drug use or distribution is strictly prohibited.
- Rowers who violate this zero tolerance rule will be banned from regatta competition and will be sent home at their own expense.

Travel Payment & Refund Policy

- All regatta expenses are a flat fee per rower and must be paid by each participating rower. This fee includes: gas/vehicle to haul boats to regatta venue, hotel expenses for coach's room, regatta entry fees, race day lunches and snacks. Fees are not split out by how much or how little is consumed. LLRCrew does not reimburse travel expenses.